

Chatfield Lunch Menu, Chartwells School Dining Services
August 2025 Price: Free

Hamburger on WG Bun Meat, Cheese & WG Dinner Roll  25	Mondav	Tuesdav	Wednesdav	Thursdav	Fridav
Hamburger on WG Bun Baked Tater Tots Celery Sticks Fresh Orange Wedges Choice of Milk W1  Soft Shell Tacos w/ Meat, Cheese & Trimmings w/Salsa Garbanzo Beans Seasoned Corn Fresh Baby Carrots Chilled Diced Pears  Soft Shell Tacos w/ Meat, Cheese & WG Dinner Roll Cooked Carrot Coins Fresh Cucumber Coins Michigan Grown Apples Choice of Milk Lucky Tray  Bosco Sticks or Dunkers W/Dipping Sauce Baked Beans Fresh Baby Carrots Diced Peaches Choice of Milk Lucky Tray  Choice of Milk					
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		Choice Of Milk	Lacky Hay	STISSO OF WHITE	
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## **Chatfield: Free Breakfast to All Students**

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

Monday	Tuesday	Wednesday	Thursday	Friday
Choose 2 Scooby-Doo Graham Stix	Choose 2  Bug Bites Graham  Crackers	Choose 2 WG Blueberry Muffin	Choose 2 Cinnamon Goldfish Grahams	Choose 2 Scooby-Doo Graham Stix
Cereal Variety	Cereal Variety	Cereal Bar	Cereal Variety	Cereal Variety
Cereal Bar Variety	Cereal Bar Variety	Variety	Cereal Bar Variety	Cereal Bar Variety
Nutra Grain Bar Variety	Nutra Grain Bar Variety	Nutra Grain Bar Variety	Nutra Grain Bar Variety	Nutra Grain Bar Variety
Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick
Trix Yogurt	Trix Yogurt	Trix Yogurt	Trix Yogurt	Trix Yogurt
Must take a Juice or Fruit	Must take a Juice or Fruit	Must take a Juice or Fruit	Must take a Juice or Fruit	Must take a Juice or Fruit
Optional Milk, Skim, 1% or Chocolate	Optional Milk, Skim, 1% or Chocolate	Optional Milk, Skim, 1% or Chocolate	Optional Milk, Skim, 1% or Chocolate	Optional Milk, Skim, 1% or Chocolate

Student will choose 2 breakfast items <u>AND</u> a juice *or* fruit. Milk is optional.

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com

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